

ONLY 32 SPOTS  
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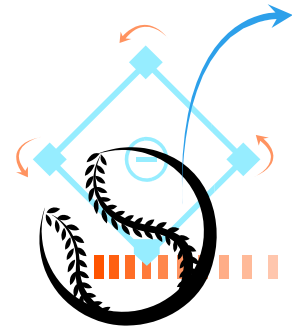
**PORTERS BASEBALL INSTRUCTIONAL**

**WINTER HITTING LEAGUE**

**Sundays 7a.m. to 9 a.m.**

**November 3rd through December 8th**

**4<sup>th</sup> -8<sup>th</sup> Grade**



*Champions are made in the off-season!*

The Lockport Township High School Baseball Staff is offering a 6-week Indoor Winter Hitting League that offers quality instruction while using team and individual competition as a tool for motivation. You will have an opportunity to take swings every week while competing for prizes awarded to the top teams and hitting leaders in each division. The cost of the league is \$90.00 per individual. We encourage individuals as well as teams to sign up. The league will run every Sunday from November 3rd – December 8th.

The League will be divided up into two levels: Double-A 4<sup>th</sup> and 5<sup>th</sup> graders and Triple-A 6<sup>th</sup> thru 8<sup>th</sup> graders. Times for each level will be available online at [www.porterbaseball.org](http://www.porterbaseball.org) The first week will be all instruction and drills administered by the Porter Baseball Staff. The player will also receive a video with all drills on it. Week two will begin with a review of the drills and proper mechanics and one hitting competition. Finally, weeks three thru six will be the Hitting Competition.

**How it works:**

1. A live cage will be marked with scoring areas and points are accumulated by hitting into designated areas.
2. Each hitter will get six pitches per at bat and six at bats per game.
3. League, Individual, and Team overall point standings will be posted and updated weekly.
4. Each Player will receive a League T-shirt
5. Prizes will be awarded to the top teams and individuals in their league.

**WEEKLY BREAKDOWN**

**Week 1 Nov. 3rd (7:00 a.m.-9:00 a.m.) at LTHS FH**

\*Hitting clinic instructed by varsity coaches, Andy Satunas and Matt Bartley

\*Hitting stations and drills

\*Each player will receive a video with all drills.

**Week 2 Nov. 10<sup>th</sup> (7:00 a.m.-9:00 a.m.) at LTHS FH**

\*Review of Week 1

\*Hitting stations and drills

If you have any questions, please contact

Andy Satunas

Head Baseball Coach

Lockport Township H.S.

815-546-8287

[asatunas@lths.org](mailto:asatunas@lths.org)

**Week 3 Nov. 17<sup>h</sup> (7:00 a.m.-9:00 a.m.) at LTHS FH**

\*Hitting League Competition (two games)

**\*\*\*Week 4 Nov. 24<sup>rd</sup> @ Location TBA**

\*Hitting League Competition (two games)

\*\*This will be held at **Location TBA, due to Christmas Crossroads**

**Week 5 Dec 1st (7:00 a.m.-9:00 a.m.) at LTHS FH**

\*Hitting League Competition (two games)

**Week 6 Dec. 8<sup>th</sup> (7:00 a.m.-9:00 a.m.) at LTHS FH**

\*Hitting League Competition (two games)

Dates: Nov. 3rd through Dec 8th

Fee: \$90.00

Code: 730209A

Ages: 4th grade— 8th