



PORTER BASEBALL

PORTERS WISH EVERYONE A VERY JOYOUS HOLIDAY

The Porter Baseball family would like to take this opportunity to extend holiday greetings to all and a hope that this coming year finds you healthy and prosperous.

This fall and early winter has been a very busy one for the Porters. Changes are coming to Flink Field this winter and spring. More about that later.

In past years, those baseball players not playing football, basketball or another fall/winter sport, would work out on their own and generally look forward to January/February when the team would officially start conditioning.

Then things gradually changed and

Thanksgiving became the official start date for working out as a team to get ready for the up and coming season.

That brings us to the present where strength and conditioning and speed training is pretty much an on going process year round.

Those not participating have been working out with coaches led by Head Coach Andy Satunas. Then for the second year, Porter alum, former Notre Dame and professional athlete **Nick Setta** has been in charge of our extensive physical conditioning/strength/speed program. Setta, now a personal trainer, has again “taken no prisoners” in helping whip the Porters into shape.

On a Porter family personal note, Coach Satunas and his wife Mandy welcomed the newest addition to the family with the arrival of daughter **Abigail Noelle** on December 20th. Mom, Dad, brother Drew and Abigail are all doing well.

All of this is leading up to the week of **February 25th** when baseball season officially begins with a week of tryouts.

This winter has also seen two of our players commit to college baseball. **Evan Martens** and **Ted Snidanko** gave their commitment to playing college baseball.

Again.....**HAPPY HOLIDAYS!!!!**

SPECIAL EVENTS COMING UP

- **PEAK PERFORMANCE WORKOUTS**
Check website and calendar for times and locations
- **AREA YOUTH BASEBALL CLINIC**
Thurs. 1/17 and Thurs. 1/31 ...6:30-9:00pm
Mullet's Bar & Restaurant., Homer Glen
- **ILL. H.S. BASEBALL COACHES ASSN. CLINIC**
Fri-Sat...Jan 25-26....Westin Lombard Yorktown Ctr.
- **BASEBALL SEASON OFFICIALLY BEGINS**
Monday.....February 25th, 2012
- **PORTER BASEBALL TRYOUTS**
Mon-Fri.....Feb 25th thru March 1st @ East Field-house...Times will be announced and posted
- **MARCH MADNESS FUNDRAISER**
Sat. March 16th.....Mullets Bar & Grill.....TBA
- **MINERS/MARION TOURNAMENT**
Mon-Thurs....3/25-3/27.....@Rent One Park, Marion Illinois
- **WJOL TOURNAMENT**
Fri-Sat.3/29-3/30.....Times/Location..TBA
- **STRIKEOUT CANCER DAY AT FLINK**
Sat.....April 13th...Times ...TBAAll Games@ Flink Field
- **TIGER CLASSIC TOURNAMENT**
Fri-Sat... May 3rd-4th ...Edwardsville...Times....TBA

2012 PORTER WINTER INDOOR HITTING LEAGUE NEWS

The Porters held their third annual winter hitting league. For four weeks, from November 18th through December 9th, area youths received quality instruction from Porter baseball coaches. Using individual and team competition, the players took hundreds of swings every week.

| 2012 PORTERS WINTER HITTING LEAGUE FINAL INDIVIDUAL TOTALS | | | | | | | | | |
|--|---------|---------|---------|---------|--------|--------|--------|--------|-------------|
| | 11-18 A | 11-18 B | 11-25 A | 11-25 B | 12-2 A | 12-2 B | 12-9 A | 12-9 B | Ind. Totals |
| McDowell | 120 | 66 | 68 | 135 | 62 | 87 | 24 | 71 | 633 |
| Suchor | 56 | 78 | 92 | 40 | 98 | 88 | 52 | 79 | 583 |
| Goddard | 95 | 58 | 96 | 84 | 42 | 130 | 47 | 21 | 573 |
| R Travis | 90 | 49 | 40 | 114 | 36 | 95 | 37 | 89 | 550 |
| J. Bently | 67 | 51 | 45 | 35 | 111 | 60 | 69 | 84 | 522 |
| T. Hoak | 80 | 74 | 45 | 57 | 76 | 70 | 80 | 32 | 514 |
| J. Pietryk | 66 | 44 | 88 | 71 | 113 | 72 | 21 | 32 | 507 |
| Chavez | 96 | 66 | 40 | 81 | 37 | 90 | 33 | 59 | 502 |
| Hinchley | 119 | 52 | 57 | 46 | 21 | 96 | 34 | 34 | 459 |
| L. Bently | 79 | 51 | 41 | 12 | 82 | 52 | 69 | 64 | 450 |
| Jackson | 49 | 42 | 74 | 29 | 88 | 55 | 40 | 72 | 449 |
| Suchorabski | 83 | 45 | 42 | 33 | 65 | 52 | 81 | 40 | 441 |
| Kevish | 49 | 51 | 63 | 45 | 78 | 25 | 96 | 30 | 437 |
| Ackmann | 93 | 22 | 75 | 54 | 35 | 97 | 33 | 17 | 426 |
| Kelly | 107 | 51 | 52 | 25 | 48 | 50 | 39 | 53 | 425 |
| K. Knezevich | 82 | 57 | 53 | 52 | 45 | 33 | 64 | 31 | 417 |
| B Collins | 36 | 23 | 61 | 55 | 141 | 70 | 11 | 14 | 411 |
| O. Knezevich | 72 | 51 | 83 | 80 | 20 | 36 | 44 | 21 | 407 |
| Fischer | 65 | 48 | 36 | 12 | 51 | 55 | 71 | 63 | 401 |
| P. Hoak | 48 | 38 | 40 | 70 | 73 | 51 | 49 | 22 | 391 |
| B. Pietryk | 46 | 44 | 73 | 67 | 55 | 60 | 22 | 14 | 381 |
| Cunnane | 34 | 46 | 38 | 42 | 38 | 54 | 83 | 46 | 381 |
| Donohue | 74 | 47 | 50 | 39 | 54 | 32 | 48 | 37 | 381 |
| Johnson | 62 | 41 | 37 | 37 | 63 | 48 | 53 | 39 | 380 |
| N. Dolci | 38 | 36 | 31 | 41 | 32 | 53 | 88 | 60 | 379 |
| Way | 61 | 56 | 46 | 26 | 102 | 74 | | | 365 |
| Dietz | 68 | 48 | 55 | 26 | 37 | 72 | 58 | | 364 |
| G. Travis | 59 | 51 | 55 | 60 | 36 | 27 | 41 | 26 | 355 |
| Campbell | a | a | 15 | 24 | 83 | 42 | 59 | 74 | 297 |
| P. Collins | 33 | 15 | 53 | 47 | 69 | 44 | 15 | 13 | 289 |
| Z. Dolci | a | a | 32 | 31 | 51 | 64 | 57 | 47 | 282 |
| Dagys | 38 | 30 | 42 | 27 | 34 | 36 | 35 | 38 | 280 |
| Lovesky | a | a | 44 | 35 | 107 | 72 | a | a | 258 |
| Dy Drake | 71 | 52 | 0 | 0 | 0 | 0 | 81 | 22 | 226 |
| Kuhn | a | a | 57 | 27 | 0 | 0 | 53 | 76 | 213 |
| D. Vance | a | a | 51 | 48 | 27 | 18 | 45 | 11 | 200 |
| De Drake | 35 | 27 | 0 | 0 | 0 | 0 | 85 | 50 | 197 |
| Mondrella | 81 | 37 | 73 | 45 | 0 | 0 | 39 | 40 | 197 |
| Viar | 39 | 41 | 17 | 26 | 0 | 0 | | | 123 |
| Sartori | 34 | 47 | 10 | 21 | 0 | 0 | 0 | 0 | 112 |
| Oster | 15 | 50 | 27 | 16 | 0 | 0 | 0 | 0 | 108 |

On behalf of our Lockport Porter Baseball Staff, we want your son to know how proud we are of him and how much we enjoyed watching the progress he made over his time with us. As we told the group, they are now part of the Lockport Porter Baseball Family and we will be keeping up with them as they continue to grow. We look forward to seeing each one of them here at LTHS as a successful student and athlete!

To all the hitters, remember **"IF IT IS TO BE, IT IS UP TO ME!"**

Merry Christmas

Coach Satunas and the LTHS Baseball Staff.

2012 PORTER WINTER INDOOR HITTING LEAGUE NEWS

Team Totals

| 2012 PORTERS WINTER HITTING LEAGUE FINAL TEAM TOTALS | | | | | | | | | |
|--|------------|------------|------------|------------|-----------|-----------|-----------|-----------|----------------|
| | 11-18 A | 11-18 B | 11-25 A | 11-25 B | 12-2 A | 12-2 B | 12-9 A | 12-9 B | Team Totals |
| 9 | 408 | 228 | 148 | 230 | 135 | 272 | 94 | 219 | 1734 |
| 2 | 263 | 198 | 164 | 197 | 277 | 220 | 243 | 133 | 1695 |
| 10 | 409 | 176 | 228 | 183 | 323 | 98 | 110 | 72 | 1599 |
| 7 | 181 | 126 | 275 | 230 | 378 | 238 | 69 | 73 | 1570 |
| 3 | 309 | 211 | 242 | 244 | 128 | 114 | 194 | 98 | 1540 |
| 1 | 276 | 206 | 189 | 100 | 111 | 175 | 191 | 224 | 1472 |
| 8 | 192 | 222 | 210 | 104 | 293 | 205 | 92 | 151 | 1469 |
| 11 | 341 | 181 | 180 | 96 | 140 | 122 | 136 | 113 | 1309 |
| 5 | 147 | 150 | 143 | 99 | 150 | 202 | 228 | 144 | 1263 |
| 12 | 247 | 178 | 113 | 145 | 132 | 150 | 96 | 94 | 1155 |
| 6 | 153 | 193 | 105 | 98 | 139 | 81 | 130 | 137 | 1036 |
| 4 | 212 | 159 | | | | | 166 | 72 | 609 |

PORTER BASEBALL “SENIOR MOMENTS”

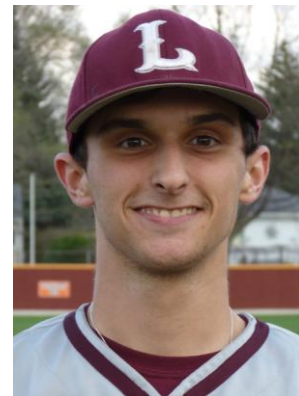
The Porters were extremely proud to announce that two 2013 seniors signed letters of intent to play baseball at the collegiate level. Ted Snidanko and Evan Martens will join the 19 former Porter baseball players currently playing in college. Altogether, according to available records, the Porter baseball program has sent over 140 athletes to play baseball and continue their education at the collegiate level.



Ted Snidanko
Purdue University

Ted officially signed a letter of intent on November 14th to continue playing baseball for the Big Ten Purdue Boilermakers.

Ted, in two seasons with the varsity, has a .344 batting avg. and a .986 fielding pct. having made only 1 error in 70 chances. Possessing great speed and quickness (29 SB/34 SBA), Teddy has been an important ingredient both offensively and defensively to the Porter's success. We think Ted will look good in black and gold.



Evan Martens
Southern Ill.-Edwardsville University

According to SIUE coach Tony Stoecklin, Evan is part of “one of the deepest classes I’ve had here”. Martens, as a junior, was a second team All-Area selection as well as an All-Conference pick after leading the team with 64 innings pitched and 51 strikeouts. He finished with 7-4 record and a team-best 2.30 ERA.

"Evan kind of flew under the radar a little bit," Stoecklin said. "He was pretty much a sleeper, but I noticed him last summer. Every time I saw him pitch he was dominating."

LOCKPORT PORTERS BASEBALL

YOUTH COACHES CLINIC

Mullets Bar and Restaurant
14903 Bell Road, Homer Glen

Thursday, Jan. 17th 2013 and Jan. 31st 2013 6:30-9:00 p.m. (Registration 6:00 p.m.)

Cost \$5.00

The Lockport Porter Baseball Coaching Staff would like to invite you to our 2013 Youth Coaches Clinic. This year's clinic will again be held at Mullet's Sports Bar and Grill in Homer Glen. We will break up presentations (see list of topics below) over two separate nights. This clinic will give your coaching staff the opportunity to learn about the same drills that we use here at Lockport. Along with that, we will end each night with a "hot stove session" where you will be able to ask any questions that you may have about practice, drills, games, etc.

Our hope is that you can leave our clinic with many drills that you can implement with your current and future teams. Please RSVP for one or both nights by contacting Andy Satunas at 815-588-8597 or asatunas@lths.org

Each of the dates we will use presentations, videos, demonstrations, to cover the following topics:

1. Practice Planning
2. Dynamic Stretch Exercises for all ages.
3. Shoulder Exercises
4. Proper Throwing Techniques and Drills
5. Infield Play and Drills
6. Pitching Mechanics and Drills
7. Catching Mechanics and Drills
8. Hitting Mechanics and Drills

Andy Satunas
Head Baseball Coach
Lockport Township High School
(815) 546-8287
asatunas@lths.org



HAPPY HOLIDAYS PORTERS!



PORTER BASEBALL

Coach Andy Satunas

(asatunas@lths.org)

Lockport Township High School

13333 East Seventh Street

Lockport, Illinois 60441

Website: www.porterbaseball.org

Contact Us: porterball@comcast.net

Our next issue will be a pre-season special with updated schedules, a “News From the Dugout” from Coach Satunas and much more!!!!